
Subject: OT math and drummers...

Posted by [rick](#) on Thu, 13 Dec 2007 10:17:33 GMT

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>the time is the best way to keep the swelling down along=20

with
> >ice after exercise.
> =20

>
> >I want you all to know that I've been =

looking in=20

here over the
> >last few weeks and it's great to =
feel=20

some what normal again.
> >I can't spend more =
than 30=20

minutes at a desk. The studio
> >has been =
out of=20

the question although I'm looking for a way =

to=3D20
> >rest=20

my foot on the console without falling out of my =
chair.
> =20

>I am gigging once or twice/week which is way bad for me.=20

=3D20
> >Gotta make a living. =

=3D20
> =20

>
> >My stereo amp is in the shop where I am =
sleeping=20

and exercising.
> >When it comes back I'll be =
doing some=20

big time list
