
Subject: diet

Posted by [DJ](#) on Sat, 07 Jul 2007 16:58:51 GMT

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PCs I built over a year ago. Is it possible this is more of
>an Intel issue than OSX vs. Windows? Or perhaps it really is just that
Macs
>are so much less prevalent, esp. in corporate networks, than PCs.
>
>10 years of PCs and never a virus, malware or spyware. And my current set
>of PCs don't have any virus protection at all, including the WinVista PC
>that grabs email all day. It doesn't take much to prevent this, and I've
>been using the same method on Macs and PCs, and life in general for years:
>
>PC/Mac:
>1 - don't open spam mail
>2 - only visit sites you trust (this isn't that difficult to do unless you
>are an internet "explorer" that clicks on anything and everything ;-)
>3 - don't click on popup ads
>
>I do recall viruses being an issue for Macs in the earlier days. Imho,
it's
>best to make direct comparisons - as soon as I get my hands on a Macintel
>and Nuendo 4 I plan to do plugin/loading tests to see which OS is really
>faster and more efficient for pro audio use, and price out the parts in
a
>Macintel to see how much the nice case and OSX really cost. I like some
>aspects of Macs, and am no fan of MS or Windows, but when push comes to
>shove, much of the propaganda against PCs is unfounded and ill-informed.
>The rest, MS deserves.
>
>Regards,
>Dedric
>
>On 8/13/07 12:01
